



Community First Health Plans has adopted the following sources for which Medical, Behavioral and Preventive Health guidelines are based.

Reviewed and Updated March 2020

Type of Guidance	Original Date Adopted	Scientific source upon which guideline is based	Date of Guideline Update by Scientific Source	Type of Guideline	Age Range of Guideline
Alcohol Use Disorder	2020	The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2018	Behavioral Health	Adult
Alzheimer's Disease	2020	Alzheimer's Association https://alz.org/professionals/health-systems-clinicians/guidelines_index_(1)	2020	Medical	Adult
Anxiety	2020	Anxiety and Depression Association of America, Generalized Anxiety Disorder https://adaa.org/resources-professionals/practice-guidelines-gad	2015	Behavioral Health	Adult/Pediatric
Asthma	2002	Diagnosis and Management of Asthma: National Heart, Lung, and Blood Institute (NHLBI) https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma	2007	Medical	Adult/Pediatric
Attention Deficit Hyperactivity Disorder	2002	American Academy of Pediatrics - ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents https://pediatrics.aappublications.org/content/128/5/1007	2019	Behavioral Health	Pediatric

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Bipolar Disorder	2020	American Psychiatric Association, Practice Guideline for the Treatment of Patients with Bipolar Disorder, Second Edition https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf	2010	Behavioral Health	Adult/Pediatric
Cancer	2020	National Comprehensive Cancer Network Clinical Practice Guidelines in Oncology https://www.nccn.org/professionals/physician_gls/default.aspx	2020	Medical	Adult/Pediatric
Cardiovascular Disease	2020	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease http://www.onlinejacc.org/content/accj/74/10/e177.full.pdf?_ga=2.178635620.1982132252.1579034689-1807531792.1579034689	2019	Medical	Adult
Child Abuse and Neglect	2020	National Institute for Health and Care Excellence – Child Abuse and Neglect Guideline https://www.nice.org.uk/guidance/ng76/chapter/Recommendations	2017	Medical	Pediatric
Chronic Obstructive Pulmonary Disease (COPD)	2020	Global Strategy for the Diagnosis, Management and Prevention of Chronic Obstructive Pulmonary Disease https://goldcopd.org/wp-content/uploads/2019/12/GOLD-2020-FINAL-ver1.2-03Dec19_WMV.pdf	2020	Medical	Adult
Coronary Artery Disease	2020	American Heart Association, Get With the Guidelines®- CAD https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-coronary-artery-disease	2020	Medical	Adult
Depression	2005	Management of Major Depressive Disorder: VA/DOD https://www.healthquality.va.gov/guidelines/mh/mdd	2016	Behavioral Health	Adult

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Diabetes	2002	American Diabetes Association: Standards of Medical Care in Diabetes https://care.diabetesjournals.org/content/43/Supplement_1/S1	2020	Medical	Adult/Pediatric
	2019	Texas Diabetes Council (TDC) Diabetes Council toolkit https://www.dshs.texas.gov/TDCtoolkit.asp	2019	Medical	Adult/Pediatric
Heart Failure	2020	American Heart Association, Get With the Guidelines®- Heart Failure https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-heart-failure	2020	Medical	Adult
	2020	American Heart Association, Target HF https://www.heart.org/en/professional/quality-improvement/target-heart-failure	2020	Medical	Adult
High Blood Cholesterol	2005	AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCN A - Guideline on the treatment of blood cholesterol to reduce atherosclerotic cardiovascular risk in adults http://www.onlinejacc.org/content/early/2018/11/02/j.jacc.2018.11.003?_ga=2.70308240.1657840953.1551735042-598972445.1551735042	2018	Medical	Adult
Hypertension	2019	American College of Cardiology - 2017 Guideline for High Blood Pressure in Adults https://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/11/09/11/41/2017-guideline-for-high-blood-pressure-in-adults	2018	Medical	Adult
Immunizations	2002	Centers for Disease Control and Prevention – Immunization Schedules https://www.cdc.gov/vaccines/schedules/hcp/	2020	Preventive	Adult/Pediatric

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Kidney Disease	2020	National Kidney Foundation, Guidelines and Commentaries https://www.kidney.org/professionals/guidelines/guidelines_comments	2020	Medical	Adult/Pediatric
Liver Disease	2020	American Association for the Study of Liver Diseases, Practice Guidelines https://www.aasld.org/publications/practice-guidelines	2020	Medical	Adult
Obesity Management	2020	American Association of Clinical Endocrinologists and American College of Endocrinology - Comprehensive Clinical Practice Guidelines for Medical Care of Patients with Obesity https://journals.aace.com/doi/pdf/10.4158/EP161365.GL	2016	Medical	Adult/Pediatric
	2016	The Endocrine Society - Pediatric obesity-assessment, treatment and prevention https://academic.oup.com/jcem/article-abstract/102/3/709/2965084/pediatric-obesity-assessment-treatment-and?redirectedfrom=fulltext	2017	Medical	Pediatric
Prenatal care / Postpartum	2020	The American College of Obstetricians and Gynecologists (ACOG's) Clinical Guidelines related to deliveries before 39 weeks https://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines	2019	Medical	Adult
Preventive Health	2020	Current guidelines for pediatric – well child by Texas Department of Health and Human Services – Texas Health Steps based on American Academy of Pediatrics https://www.txhealthsteps.com/texas-health-steps-medicaid-resource-center	2020	Preventive	Pediatric

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	2018	US Preventive Services Task Force – Published Recommendations for Primary Care Practice https://www.uspreventiveservicestaskforce.org/BrowseRec/Index	2019	Preventive	Adult/Pediatric
Respiratory Syncytial Virus (RSV)	2020	American Family Physician – Respiratory Syncytial Virus Bronchiolitis in Children https://www.aafp.org/afp/2017/0115/p94.html	2017	Medical	Pediatric
Schizophrenia	2020	The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Schizophrenia https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2019	Behavioral Health	Adult
Stroke	2020	American Heart Association, Get With the Guidelines®- Stroke https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-stroke	2020	Medical	Adult
	2020	American Heart Association, Target: Stroke https://www.heart.org/en/professional/quality-improvement/target-stroke	2020	Medical	Adult