



Community First Health Plans has adopted the following Medical, Behavioral Health and Preventive Health Clinical Guidelines for 2019

Type of guideline	Original date adopted	Scientific source upon which guideline is based	Date of Guideline Review	Date of Guideline Update	Type of Guideline	Age Range of Guideline
Asthma	2002	Diagnosis and Management of Asthma: National Heart, Lung, and Blood Institute (NHLBI) https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma	2019	2008	Medical	Adult/Pediatric
	2019	Vital Signs: Asthma in Children (CDC) https://www.medscape.org/viewarticle/895747	2019	2018	Medical	Adult/Pediatric
Diabetes	2002	Standards of medical practice: American Diabetes Association http://care.diabetesjournals.org/content/suppl/2017/12/08/41.supplement_1.dc1	2019	2018	Medical	Adult/Pediatric
	2019	Texas Diabetes Council (TDC) Diabetes Council toolkit http://www.tdctoolkit.org/	2019	2018	Medical	Adult/Pediatric
Prenatal care/Postpartum	2005	Guideline for routine prenatal and postnatal care: by Michigan Quality Improvement Consortium http://mgic.org/pdf/mgic_routine_prenatal_and_postnatal_care_cpg.pdf	2019	2016	Medical	Adult

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	2019	W.H.O. Recommendations on antenatal care for a positive pregnancy experience https://www.who.int/reproductivehealth/publications/maternal_perinatal_health/anc-positive-pregnancy-experience/en/	2019	2016	Medical	Adult
Preventative Health	2002	Current guidelines for pediatric – well child by Texas Department of Health and Human Services – Texas Health Steps based on American Academy of Pediatrics Http://www.dshs.texas.gov/thsteps/providers.shtm	2019	2017	Preventive	Adult/Pediatric
	2018	Current guidelines for adult: US Preventive Services Task Force – a or b grade https://www.uspreventiveservicestaskforce.org/page/name/uspstf-a-and-b-recommendations/	2019	2019	Preventive	Adult
Immunizations – Adult and Pediatric	2002	Current immunization schedule for pediatric and adult by Centers for Disease Control and Prevention https://www.cdc.gov/vaccines/schedules/hcp/	2019	2019	Preventive	Adult/Pediatric
Depression	2005	Management of Major Depressive Disorder: VA/DOD https://www.healthquality.va.gov/guidelines/mh/mdd/	2019	2016	Behavioral Health	Adult
Attention Deficit Hyperactivity Disorder	2002	Treatment of the school-aged child with ADHD: American Academy of Pediatrics http://pediatrics.aappublications.org/content/128/5/1007	2019	2011	Behavioral Health	Pediatric

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Obesity Management	2007	Guideline for the management of overweight and obesity in adults: AHA/ACC/TOS http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee	2019	2013	Medical	Adult
	2016	Pediatric obesity-assessment, treatment and prevention: The Endocrine Society https://academic.oup.com/jcem/article-abstract/102/3/709/2965084/pediatric-obesity-assessment-treatment-and?redirectedfrom=fulltext	2019	2017	Medical	Pediatric
High Blood Cholesterol	2005	Guideline on the treatment of blood cholesterol to reduce atherosclerotic cardiovascular risk in adults: ACC/AHA http://www.onlinejacc.org/content/early/2018/11/02/j.jacc.2018.11.003?_ga=2.70308240.1657840953.1551735042-598972445.1551735042	2019	2018	Medical	Adult
Hypertension	2007	Evidenced-based guideline for the management of high blood pressure in adults http://jamanetwork.com/journals/jama/fullarticle/1791497	2019	2014	Medical	Adult
	2019	ACC 2017 Guideline for high blood pressure in adults https://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/11/09/11/41/2017-guideline-for-high-blood-pressure-in-adults	2019	2018	Medical	Adult

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Respiratory Syncytial Virus (RSV)	2005	The diagnosis, management, and prevention of bronchiolitis: American Academy of Pediatrics http://pediatrics.aappublications.org/content/134/2/e620.full	2019	2014	Medical	Pediatric
Child Abuse and Neglect	2007	American Academy of Pediatrics, The evaluation of suspected child abuse http://pediatrics.aappublications.org/content/early/2015/04/21/peds.2015-0356	2019	2015	Medical	Pediatric