

Community First Health Plans has adopted the following Medical, Behavioral Health and Preventive Health Clinical Guidelines for 2018

NAME OF GUIDELINE	ORIGINAL DATE ADOPTED	SCIENTIFIC SOURCE UPON WHICH GUIDELINE IS BASED	DATE OF GUIDELINE REVIEW	DATE OF GUIDELINE UPDATE	TYPE OF GUIDELINE	AGE RANGE OF GUIDELINE	COMMENT
ASTHMA	2002	DIAGNOSIS AND MANAGEMENT OF ASTHMA: NATIONAL HEART, LUNG, AND BLOOD INSTITUTE (NHLBI) https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma	2018	2008	MEDICAL	ADULT PEDIATRIC	
DIABETES MELLITUS	2002	STANDARDS OF MEDICAL PRACTICE AMERICAN DIABETES ASSOCIATION http://care.diabetesjournals.org/content/suppl/2017/12/08/41_Supplement_1.DC1	2018	2018	MEDICAL	ADULT PEDIATRIC	
PRENATAL CARE / POSTPARTUM	2005	GUIDELINE FOR ROUTINE PRENATAL AND POSTNATAL CARE: BY MICHIGAN QUALITY IMPROVEMENT CONSORTIUM http://mqic.org/pdf/mqic_routine_prenatal_and_postnatal_care_cpg.pdf	2018	2016	MEDICAL	ADULT	
PREVENTIVE HEALTH	2002	CURRENT GUIDELINES FOR PEDIATRIC – WELL CHILD BY TEXAS DEPARTMENT OF HEALTH AND HUMAN SERVICES – TEXAS HEALTH STEPS BASED ON AMERICAN ACADEMY OF PEDIATRICS http://www.dshs.texas.gov/thsteps/providers.shtm CURRENT GUIDELINES FOR ADULT: US PREVENTIVE SERVICES TASK FORCE – A OR B GRADE https://www.uspreventiveservicestaskforce.org/Page/Name/uspsstf-a-and-b-recommendations/	2018	2017	PREVENTIVE	ADULT PEDIATRIC	
IMMUNIZATIONS – ADULT PEDIATRIC	2002	CURRENT IMMUNIZATION SCHEDULE FOR PEDIATRIC AND ADULT BY CENTERS FOR DISEASE CONTROL AND PREVENTION https://www.cdc.gov/vaccines/schedules/hcp/	2018	2018	PREVENTIVE	ADULT PEDIATRIC	

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DEPRESSION/ANTI-DEPRESSANT TREATMENT	2005	MANAGEMENT OF MAJOR DEPRESSIVE DISORDER: VA/DOD https://www.healthquality.va.gov/guidelines/MH/mdd/	2018	2016	BEHAVIORAL HEALTH	ADULT	
ATTENTION DEFICIT/HYPERACTIVITY DISORDER (ADHD)	2002	TREATMENT OF THE SCHOOL-AGED CHILD WITH ADHD : AMERICAN ACADEMY OF PEDIATRICS http://pediatrics.aappublications.org/content/128/5/1007	2018	2011	BEHAVIORAL HEALTH	PEDIATRIC	
OVERWEIGHT AND OBESITY MANAGEMENT	2007 2016	GUIDELINE FOR THE MANAGEMENT OF OVERWEIGHT AND OBESITY IN ADULT: AHA/ACC/TOS http://circ.ahajournals.org/content/early/2013/11/11/01.cir.000437739.71477.ee PEDIATRIC OBESITY-ASSESSMENT, TREATMENT AND PREVENTION: THE ENDOCRINE SOCIETY https://academic.oup.com/icem/article-abstract/102/3/709/2965084/Pediatric-Obesity-Assessment-Treatment-and?redirectedFrom=fulltext	2018 2018	2013 2017	MEDICAL PEDIATRIC		
HIGH BLOOD CHOLESTEROL	2005	GUIDELINE ON THE TREATMENT OF BLOOD CHOLESTEROL TO REDUCE ATHEROSCLEROTIC CARDIOVASCULAR RISK IN ADULTS: ACC/AHA http://circ.ahajournals.org/content/129/25_suppl_2/S1	2018	2013	MEDICAL	ADULT	
HYPERTENSION	2007	EVIDENCED-BASED GUIDELINE FOR THE MANAGEMENT OF HIGH BLOOD PRESSURE IN ADULTS http://jamanetwork.com/journals/jama/fullarticle/1791497	2018	2014	MEDICAL	ADULT	
RESPIRATORY SYNCYTIAL VIRUS (RSV)	2005	THE DIAGNOSIS, MANAGEMENT, AND PREVENTION OF BRONCHIOLITIS: AMERICAN ACADEMY OF PEDIATRICS http://pediatrics.aappublications.org/content/134/2/e620.full	2018	2014	MEDICAL	PEDIATRIC	
CHILD ABUSE AND NEGLECT	2007	AMERICAN ACADEMY OF PEDIATRICS, The evaluation of suspected child abuse http://pediatrics.aappublications.org/content/early/2015/04/21/peds.2015-0356	2018	2015	MEDICAL	PEDIATRIC	

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