

# THSteps Medical Checkup Periodicity Schedule for Infants, Children, and Adolescents

## COMPREHENSIVE HEALTH SCREENING\* BIRTH THROUGH 10 YEARS OF AGE

\* Comprehensive Health Screening, as indicated below, consists of federal and state components that are required for the checkup to be considered complete. Refer to the Texas Medicaid Provider Procedures Manual (TMPPM) for further detail at: [www.dshs.state.tx.us/thsteps/providers.shtm](http://www.dshs.state.tx.us/thsteps/providers.shtm).

AGE	History	Nutritional Screening	DEVELOPMENTAL SURVEILLANCE			Mental Health: Psychosocial/ Behavioral Health Screening	TB Questionnaire with skin test if risk identified	Unclothed Physical Examination	MEASUREMENTS					VISION		HEARING			Dental Referral	Screen/Administer Immunizations according to ACIP Guidelines	LABORATORY TESTS					Health Education/Anticipatory Guidance			
			Review of Milestones	ASQ, ASQ:SE, or PEDS	M-CHAT				Length	Height	Weight	BMI	Fronto-Occipital Circumference	Blood Pressure	Visual Acuity	Subjective Vision	Newborn Hearing Test (OAE or ABR)	Audiometric Screening			Subjective Hearing	Newborn Screening Panel	Blood Lead Screening	Anemia	Hyperlipidemia		Type 2 Diabetes		
Newborn	█	█	█			█	█	█				█				█	█					█					█		
D/C to 5 days	█	█	█			█	█	█														█					█		
2 weeks	█	█	█			█	█	█														█					█		
Months	2	█				█	█	█																				█	
	4	█				█	█	█																					
	6	█				█	█	█																					
	9	█				█	█	█																					
	12	█				█	█	█																					
	15	█				█	█	█																					
Years	18	█				█	█	█																					
	24	█				█	█	█																					
	30	█				█	█	█																					
	3	█				█	█	█																					
	4	█				█	█	█																					
	5	█				█	█	█																					
	6	█				█	█	█																					
	7	█				█	█	█																					
	8	█				█	█	█																					
	9	█				█	█	█																					
10	█				█	█	█																						

### LEGEND OF SYMBOLS

- █ Mandatory at this age.
- █ If a component is not completed at the required age, it is mandatory for the provider to complete at the first opportunity if age-appropriate.
- █ When symbols appear at the same age for developmental, vision, or hearing screening, perform the most appropriate level screen.
- █ Risk-based.

Note: THSteps components may be performed at other ages if medically necessary. Check regularly for updates to this schedule: [www.dshs.state.tx.us/thsteps/providers\\_components.shtm](http://www.dshs.state.tx.us/thsteps/providers_components.shtm). For free online provider education: [www.txhealthsteps.com](http://www.txhealthsteps.com).

